



# **Clinical Gynecologic Endocrinology and Fertility**

(7<sup>th</sup> edition)

By Leon Speroff MD and Marc Fritz MD

For the professional reader, this is the most important reference book regarding female hormones. Dr. Speroff has been editing this tome for years. The 7th edition adds co-editor Dr. Fritz. There is much new material. I had purchased the 6th edition but found that many of my questions were not covered. Most particularly, I desired to clarify the interactions of insulin with estrogen and ovulation. In the last few years it has become common to treat polycystic ovary syndrome with Metformin, a diabetes drug.

These complex interactions had not yet been worked out at the time the 6th edition was released in 1996 — the 7th edition was published in 2005. Unless one has a biology and scientific background, this book is probably too difficult and detailed for most folks to handle. In addition, the price tag is high at \$169 (before shipping).