



# Clinical Gynecologic Endocrinology and Fertility<sup>th</sup>

By Leon Speroff MD and Marc Fritz MD  
Lippincott-Williams & Wilkins

**For the professional reader, this is the most important reference book related to female hormones.** Dr. Speroff has been editing this tome for years. The 7th edition adds co-editor Dr. Fritz. There is much new material. I had purchased the 6th edition but found that many of my questions were not covered. Most particularly, I desired to clarify the interactions of insulin with estrogen and ovulation. In the last few years it has become common to treat polycystic ovary syndrome with Metformin, a diabetes drug.

These complex interactions had not yet been worked out at the time the 6th edition was released in 1996 — the 7th edition was published in 2005. Unless one has a biology and scientific background, this book is probably too difficult and detailed for most folks to handle. In addition, the price tag is high at \$169 (*before shipping*).